

CARBON MONOXIDE KNOW THE SIGNS!



HEADACHE



DIZZINESS



NAUSEA



BREATHLESSNESS



COLLAPSE



**LOSS OF
CONSCIOUSNESS**

Every year around 30 people* die and many more suffer serious health problems due to the effects of Carbon Monoxide – a highly poisonous gas which has no colour, taste or smell.

To ensure you're safe:

- Have fuel burning appliances serviced annually
- Fit an audible Carbon Monoxide alarm
- Unblock all flues, vents and chimneys
- Learn about the danger signs and symptoms of Carbon Monoxide poisoning

For more information and advice on how to stay safe visit

www.co-bealarmed.co.uk

*Relates to deaths from all fuel types including gas, oil and solid fuels such as coal, coke and wood.

